How to live happily with the one you love



"Men are from Mars, Women are from Venus" was based on the premise that the major problems in relationships derived from the differences between men and women. I disagree. I often see same-sex couples and they're struggling with the same challenges as my heterosexual clients - challenges that are largely the product of differences between us that are less visible than gender, but every bit as powerful. Any couple who understand these differences are going to find it easier to create and maintain a loving, intimate relationship. That's what this weekend will teach you."

Whether you are in a relationship and attend with your partner, or come on your own, or are wanting to learn about how to make your next relationship go better than your last, this truly is a weekend that could change your life. Whether your relationship is struggling, or you want to make sure it never does, this weekend will teach you about the differences that make the difference.



Trevor Silvester is a Harley Street Relationship Coach with 20 years experience in the field. His recently published new book, **Lovebirds: How to live with the one you love** offers a fresh and innovative way of helping couples to understand each other better - and to use their differences to bring them closer together instead of driving them apart. Over the course of a weekend that we feel sure you'll find fascinating, Trevor will teach you how to turn the things that drive you mad about your partner - and vice versa - into strengths that can actually make you stronger. In his words:

TREVOR SILVE

"What I've noticed time and time again is that relationships don't fail in the main because couples no longer love each other, just that they can't find a way to make each other happy. And I think it's largely because we tend to show our love to our partner in ways that we want them to show their love for us. It doesn't really occur to us that they might like something different. Once you know what to look for, and how to respond, creating lasting intimacy and understanding is actually quite simple. Making a relationship work isn't a case of working harder at it, it's a case of working smarter at it. I can show you how."

The weekend will be held at a **central London location on Saturday the 18th and Sunday the 19th May 2013** and the total cost for the whole weekend is £96 per person incl.VAT. It is recommended that attendees have read Lovebirds before arrival.

To book a place please email jan@questinstitute.co.uk or ring on 0333 6000 350 For more details about Lovebirds go to **WWW.lovebirdsbook.com**