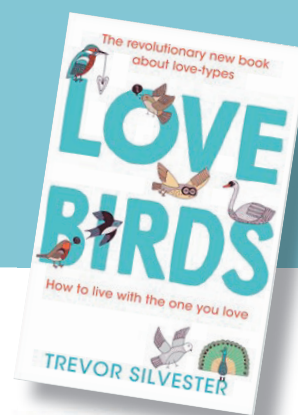


# Relationship Coaching Weekend



Whether you are currently working with couples, or wish to add relationship coaching to your skill set, this weekend offers an opportunity to learn from a top expert in the field.



“Men are from Mars, Women are from Venus” was based on the premise that the major problems in relationships derived from the differences between men and women. I disagree. I often see same-sex couples and they’re struggling with the same challenges as my heterosexual clients - challenges that are largely the product of differences between us that are less visible than gender, but every bit as powerful. Any couple who understand these differences are going to find it easier to create and maintain a loving, intimate relationship”



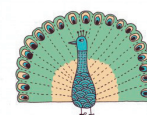
**Trevor Silvester** is a Harley Street Relationship Coach with 20 years experience in this area. His recently published new book, **Lovebirds: How to live with the one you love** offers a fresh and innovative way of helping couples to understand each other better - and to use their differences to bring them closer together instead of driving them apart.

Using principles from NLP and Myers Briggs, in the book people take a quiz to identify their Lovebird type. The book contains both an in-depth description of each type's likely traits, preferences, strengths and stretches, and an analysis of the challenges facing each combination of Lovebird types, as well as tips on how to make each relationship work.



In his work with couples Trevor has developed a coaching programme called **Project You2**, which adds a number of tasks and exercises to the framework of Lovebirds to help couples work together on improving their relationship and building on its strengths.

Over the course of this exciting weekend he'll be sharing many of his insights and resources from that programme in a straightforward framework so that you'll leave able to take helping people strengthen their relationship to a new level.



The weekend will be held at a **central London location on Saturday the 20th and Sunday the 21st July 2013** and the total cost for the whole weekend is **£220** per person incl.VAT. **It is recommended that attendees have read Lovebirds before arrival.**

**To book a place please email [jan@questinstitute.co.uk](mailto:jan@questinstitute.co.uk) or ring on 0333 6000 350**  
For more details about Lovebirds go to **[www.lovebirdsbook.com](http://www.lovebirdsbook.com)**